

Dear Physician:

Thank you for your interest in registering for the Sunday Mindfulness & Meditation Series for Physicians. You will find the registration information below.

There is more info about the course at [drkostenuik.com](http://drkostenuik.com) or [MDstressreduction.com](http://MDstressreduction.com).

If you have any questions don't hesitate to contact me by email.

Email: [marcia@drkostenuik.com](mailto:marcia@drkostenuik.com) (note spelling "-uik").

Once your e-payment is received your spot will be reserved.

I look forward to connecting with you soon!

-Dr. Marcia Kostenuik

## **Registration for Mindfulness & Meditation Series for Physicians 10 Weeks - Live Online Sessions by Zoom**

Dates: **Feb 21 – Apr 25**, 2021, Sundays at 2pm-3pmET (11am-12:30pmPT)

Teacher: Dr. Marcia Kostenuik MD CCFP BSc

Fee: **\$200** for 10 sessions

(Compassionate fee reduction available, enquire for details)

Registration Instructions:

**A. Make payment by e-transfer to: [marcia@drkostenuik.com](mailto:marcia@drkostenuik.com) (note spelling “-uik”)**

**B. Provide the Following Registration Information:**

- 1. Full Name** (Legal Name, other name(s) if applicable)
- 2. Cell phone number** (You may receive text msg updates)
- 3. Province/Country**
- 4. Medical Practice Number** (e.g. provincial license number)
- 5. Specialty**
- 6. Other areas of interest** (work/other) - optional
- 7. Goals/What do you hope to gain from this course?**